

sounds to gather
the f/ol\ld as 'anarchival carrier bag' of deeper listening

Susan Sentler & Glenna Batson

Folds/folding are the fluid substrata of worldly materialities. What can a fold be? Anything and everything. In this virtual workshop, we invite participants to experience folds/folding as a dive into deeper levels of listening. We will draw from our decade of practice-based poetics: *the f/ol\ld as somatic/artistic practice*. The plot? Building a porous corporeality - from the inside out, ephemeral and tangible. a landing and nesting into fluid states of being and becoming. The raw material? Our languaging in its extemporaneous to-and-fro splatter of words, words that guide participants into creative process, into liminal space. Our prompts will create a sound surround – a verbal capture of words that, while juxtaposed, are freed of their habitual source, context and meaning. As voices slip-slide through the auditory canal, they permeate deeply, yielding to deeper, pre-reflective layers of folding awareness. Tones, pitch and timbre become the raw score – a newly improvised kinetic melody - one that enfolds and unfolds as...what? A scratchy filament, a rubbery etch, a bursting seed. In that unknown moment, the audio-cumulus becomes a wave that ebbs and flows, and that land as felt sensation and image – an archive written on the body. As we move from passive listener into deeper, internal layers/levels of corporeal gathering, what is the truss of support? Generativity...you, emerging as author and bricoleur, gathering the fold(s) into your personal "carrier bag," an archival container. As novelist Ursula Le Guin writes in her work *The Carrier Bag Theory of Fiction** "Words hold things". You will choose 'things' emerging from our languaging and distill -what to hold on to, what to let go of. Come join in this field of play. No movement training or knowledge is needed to participate. Together, we will share our collective insights, (re)imagining new materialities and pathways as we wayfind through our divine worldly entanglement.

*Le Guin *The Carrier Bag Theory of Fiction* 1988.

Blosketches

Susan Sentler, BA, MACP is an independent artist working in/around the fields of dance, choreography, performance and visual arts as maker/choreographer, teacher, researcher, mentor, director and performer. She has taught and practiced globally for over 30 years. Susan's creative, pedagogic and research practice is inter/trans-disciplinary, anchored by a honed somatic relationship to image. She focuses on gallery/museum contexts creating/collaborating on 'responses' or 'activations' within exhibitions as well as durational installations orchestrating moving/still image, objects, sound and absence/presence of the performing body. Her work has been exhibited, screened and/or performed in the UK, Ireland, USA, Europe, Indonesia, Hong Kong and Singapore.

Glenna Batson, ScD, PT, MA is an independent lecturer, researcher, mentor and performer. For nearly five decades, she has honed a trans-disciplinary approach to the study of embodiment, bridging between dance, science, phenomenology, and somatic studies. Professor emeritus of physical therapy (Winston-Salem State University), internationally recognized teacher of the Alexander Technique, Fulbright Senior Specialist, Glenna currently teaches Somatics: embodiment for the 21st century at Peabody Institute for the Johns Hopkins, Baltimore, Maryland, USA.

Presentation preference - online

Technical Requirements -N/A